

FROM THE PRINCIPALS' DESK

Hello Families,

It has been a great week at Wendat Village P.S! The school community shared in a wonderful evening of performances at our "Merry and Bright" holiday concert. Thank you to all staff that helped organize and support the concert and to the students who worked very hard to make it an entertaining evening for all!

The winter break begins, starting from December 23rd to January 5th. The first day back is January 6th. We wish the entire school community a wonderful holiday and relaxing break.

Happy Holidays!

Sheryl Gray Principal

Kelly Maggirias Vice-Principal

PARENT / FAMILY CHECKLIST

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Know how to reach us phone :(905) 642-8095 email : wendat.village.ps@yrdsb.ca

Student Mental Health & Addictions December Newsletter

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BUILDING HEALTHY KIDS



Supporting healthy, confident kids and teens!

Resiliency is not just about surviving tough times; it's about thriving despite them. Resilient kids and teens are better equipped to manage stress, build healthy relationships, and succeed academically and socially. Resilience comes from supportive relationships, emotional awareness, competence, and realistic optimism.

Help kids bounce back from stress by giving them tools to manage stress in different environments. These tools might include strategies such as breathing, visualization or listening to music. Try a variety of activities, and practice strategies together as a family to see what works best for you and your child.

You can also encourage optimistic thinking by listening to your child and respecting and confirming their experiences. Foster positive interactions and support and help them to make connections – encourage your child to talk to others. Parents, caregivers, coaches and teachers all have a role to play in building a child's resilience and confidence. Everyone can contribute to a child or teens resiliency by believing in them and encouraging them to try new things and achieve their goals.

Don't forget it is also important to build your own resiliency – taking care of you helps you support others. Your self-care can help improve your energy, focus, ability to cope with challenges and you will be a role model for your children. Practice self-care by staying active, getting enough sleep, keeping connected with friends and family, taking time to pause and reflect and treating yourself with compassion and gentleness. You may want to try journalling, mindfulness, practicing gratitude and kindness or listening to music. Find what works for you.

Building positive relationships with children is important for them to grow up healthy and confident. York Region Public Health is here to support you with information and resources. If you would like more information on how you can help build healthy kids and teens visit york.ca/HealthyKids.

Public Health 1-877-464-9675 TTY 1-866-512-6228 york.ca/HealthyKids





At YRDSB, we are committed to continuous improvement, and we continue to focus on **Student Achievement**, promoting and supporting high expectations for all, **Health and Well-Being**, building healthy environments and positive relationships, and **Human Rights and Inclusive Education**, learning and growing together, and affirming our diverse identities.



There are 4 Regional High School Arts Programs and 1 Regional Arts Elementary Arts Program in YRDSB. The Arts@Baythorn invites students to explore Dance, Drama, Visual Arts and Music integrated into learning each and every day in a collaborative and cooperative learning environment.

Applications are open on Edsby from January 13 - 26, 2025.

Please note that late applications will not be accepted.

Collaborative workshops are being held February 18 - 20, 2025.

These dates are firm.

To apply or for more information

Please visit the <u>Baythorn Arts webpage</u>.

*The Edsby application link will open on January 13, 2025.

If you have any further questions, please reach out to <u>baythornarts@gapps.yrdsb.ca</u>



SAFE ARRIVALS AND PARKING LOT TIPS Student Safety Is A Community Effort.

Walk, bike or scooter

Wendat Village P.S. is proud to be a 100% walking school. We encourage families to leave the keys, and walk when possible! Parking is free on side streets where signage is posted.



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Have a meeting spot

End of day dismissal can be a busy time. We encourage families to create a family "meeting spot" near the edge of the school property to alleviate congestion, and to help avoid creating a parking lot backlog.

Front loop fines

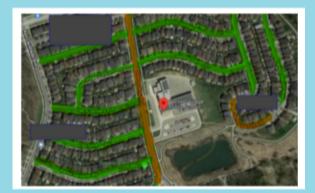
Beware of standing or parking in the front loop along Reeves Way Blvd. This is an emergency fire route and is subject to ticketing and fines as per Whitchurch-Stouffville Bylaw. If you are entering the loop for <u>any reason</u>, you may be subject to costly tickets. **Wendat Village P.S. is not responsible for town issued parking tickets incurred while on school property.**

PARKING RECEIPT

MURINI

FREE AREA PARKING Please note that on-street parking is available within walking

distance of Wendat Village P.S. All streets marked in green on the map below offer free 3-hour parking. Please obey town signage and parking bylaws when parking your vehicle.



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Jannary

Monday Jannary 6 Day 1	Tnesday Jannary 7 Day 2	Wednesday Jannary 8 Day 3	Thnrsolay Jannary 9 Day 4	Friday Jannary 10 Day 5
Jr. Boys Volleyball		Indian Student Association 10:40 am	8AM Jr. Girls Volleyball. Practice Jr. & Int. Lego Robotics 1:10pm	1:10pm Jr. Girls Volleyball. Practice
Practice 1:10 pm		Grade 8 Concert Band Practice 3:30 pm Jr. Boys Volleyball Home game vs. Ballantrae	Grade 8 Concert Band Practice 1:10pm Reach For The Top @Barbara Reid P.S 3:30pm	

Upcoming Events

December 23-January 5 January 6 January 13 January 17 January 31 Winter Break Back to School Youth Speak-Bullying Prevention Gr. 4-6 PA Day PA Day